

June 2023

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Lutheran Social Service Menu (LSS) 218-444-3987

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01 Roast Turkey w/ gravy Mashed Potato Calif Normandy Banana/frsh frt Bread/milk	02 Chicken ala King Brown Rice Broccoli Cuts Fruit Cocktail Cookie/Milk
05 Chicken Fried Steak Mashed Potato w/ gravy Dessert Dinner roll/Milk	06 Pork Loin Candi Yams Calif Normandy Bar Bread/Milk	07 Goulash Mixed Salad w/Dressing Tropical Fruit Pudding Bread/Milk	08 CHEFS CHOICE	09 Liver or Pepper Steak Mashed Potato Stewed Tomato Dessert Roll/Milk
12 Parmesan Chick Green Beans Fruit Cocktail Dessert Bread stick/Milk	13 Crmy Swedish Meatballs Mashed Potato Carrots Pudding Bread/Milk	14 Turkey Noodle Casserole Broccoli Florets Cinnamon Appl Cookie Dinner roll/Milk	15 Roast Beef w/ Gravy Mashed Potatoes Corn Peaches Bread/Milk	16 Lemon Pepr Fish Scalloped Potat Mixed Greens w/ Dressing Banana/Frsh Frt Dinner roll/milk
19 Salisbury Steak w/ gravy Baked Potato Peas & Carrots Dessert Bread/Milk	20 Tater Tot Casserole Green Beans Peaches Bar Dinner roll/Milk	21 Chicken Wild Rice Soup Broccoli Pears Jello Bread Stk/Milk	22 Pulled Pork/Bun Butternut Sqush Romaine salad w/dressing Pineapple Chnk Cookie/Milk	23 Turkey Alfredo w/ Pasta Carrots & Peas Garlic Bread Stick Dessert/Milk
26 Pizza Casserole Green Beans Applesauce Garlic Bread Stick Milk	27 Biscuits & Sausage Gravy Roasted Potatoe Cinnamon Apple Dessert Milk	28 Teriyaki Chickn Brown Rice Romaine Salad w/ Dressing Peaches Bar/Milk	29 Sloppy Joe on Bun Potato Wedges Vege Baked Bean Banana/Frs Fruit Cookie/Milk	30 Baked Fish Macaroni & Cheese Calif Normand Pears Jello/top Milk

Suggested donation of \$5.00 for 60 and older, not due at meal. \$8.75 for those under 60, due at the time of the meal.