

May 2023

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Lutheran Social Service Menu (LSS) 218-444-3987

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Chicken Fried Steak Mash Potato w gravy Mixed Veggies Dessert Dinner Roll/milk	02 Pork Loin Candi yams Calif Norm Veg Bar Bread/Milk	03 Goulash Mixed Salad w/ Dressing Tropical Fruit Pudding Bread/Milk	04 CHEFS CHOICE	05 Liver or Pepper Steak Mashed Potato Stewed Tomato Dessert Roll/Milk
08 Parmesan Chicken Green Beans Fruit Cocktail Dessert Bread stik/Milk	09 Creamy Swedish Meatballs Mashed Potato Carrots Pudding Bread/Milk	10 Turkey Noodle Casserole Broccoli Florets Cinnamon Appl Cookie Roll/Milk	11 Roast Beef w/ Gravy Mashed Potato Corn Peaches Bread/Milk	12 Lemon Pepper Fish Scalloped Potat Mixed Gr/dress Banana/fruit Roll/Milk
15 Salisbury Steak w/gravy Baked Potato/sc Peas & Carrots Dessert Bread/Milk	16 Tater Tot Casserole Green Beans Peaches Bar Dinner Roll/Milk	17 Chicken Wild Rice Soup Broccoli Pears Jello Breadstick/Milk	18 Pulled Pork on Bun Butternut Sqsh Romain salad/ w dressing Pineapple Cks Cookie/Milk	19 Turkey Alfredo w/pasta Carrots & Peas Dessert Garlic Bread St Milk
22 Pizza Casserole Green Beans Applesauce Garlic Bread Stk Milk	23 Biscuits & Sausage Gravy Roasted Potato Cinnamon Appl Dessert Milk	24 Teriyaki Chicke Brown Rice Rom Salad w/dr Peaches Bar Milk	25 Sloppy Joe/bun Potato Wedges Veg Baked Bean Banana or Fruit Cookie Milk	26 Baked Fish Mac & Cheese Calif Norm Veg Pears Jello/whip top Milk
29 CLOSED MEMORIAL DAY	30 Meatloaf Baked Potato w sour Cream Blushing Pears Valentine Desrt Dinner Roll/Milk	31 Pasta in Meat Sauce Roman Salad w/ dressing Pineapple Cks Bread Stick/Milk		

Suggested donation of \$5.00 for 60 and older, not due at meal. \$8.75 for those under 60, due at the time of the meal.