

NOVEMBER 2022 LUTHERAN SOCIAL SERVICE MENU (LSS)

5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 Pork Loin Baked Potato Corn Fruit Bread/Milk	02 Chicken Chow Mein Brown Rice Broccoli Fruit Cookie/Milk	03 Goulash Mixed Veg Fresh Fruit Bread Stick Milk	04 Chef's Choice Vegetable Fruit Grain Dessert/Milk
07 Baked Fish Au Gratin Pota Green Beans Dinner Roll Dessert/Milk	08 Meatloaf Corn Bkd Pot/Sour Cream Bread Dessert/Milk	09 Baked Chicken Peas & Carrots Mand Oranges Rice Pilaf Jello/Milk	10 Sloppy Joe on Bun Romain Salad Pinto Beans Warm Peaches Milk	11 Turkey and Noodles Calif Veg Warm Apple Slices Dessert/Milk
14 Salisbury Steak with Gravy Baked Potato Glazed Carrots Bread Dessert/ Milk	15 Beef Chili w/beans Romaine Salad Fruit Corn Bread Cookie/ Milk	16 Macaroni & Cheese California Veg Stewed Tomatoes Dessert/Milk	17 Crmy Swedish Meatballs Mash Potatoes Mixed Veg Fresh Fruit Roll/Milk	18 Chicken ala King w/Brown Rice Peas & Carrots Fruit Dessert/ Milk
21 Tuna Noodle Casserole Mixed Veg Cinnamon Applesauce Dessert/Milk	22 BBQ Pork w/bun Coleslaw Vegetarian Baked Beans Fruit Crisp Milk	23 Turkey & Gravy Mashed Potato Corn Bread w/marg Dessert Milk	24 HAPPY THANKSGIVING	25 CLOSED
28 Chicken Fried Steak w/gravy Mashed Potato Green Beans Fruit Biscuit/Milk	29 Ham Cooked Cabbage Peas & Carrots Dessert . Roll/Milk	30 Brat (1 each) Mashed Potato Sauerkraut Bread Dessert/Milk	MEALS ARE SUBJECT TO CHANGE	

Suggested donation of \$5.00 for 60 and older, \$8.75
for those under 60, due at the time of the meal.